Sports Massage Therapist

Location: Alpha Physiotherapy, Martlesham Leisure, Ipswich, Suffolk

Position: Part-Time, Permanent

Hours: Initially 14–16 hours per week, with potential to increase as the service grows

Salary: Dependent on qualifications and experience

Qualifications: Level 4 Sports Massage qualification preferred. Applications from experienced Level 3 therapists will also be considered.

Are You Our Next Superstar Team Member?

Do you LOVE helping people feel better, move better and get back to doing the things they enjoy?

Are you passionate about delivering excellent sports massage, building relationships with your clients and making a genuine difference to people's lives?

Would you love to work in an award-winning physiotherapy clinic where you're valued as part of a friendly, supportive and ambitious team?

If so, we'd love to hear from you!

Alpha Physiotherapy is looking for an enthusiastic, personable and skilled **Sports Massage Therapist** to join our growing team in Martlesham, Ipswich.

This is a fantastic opportunity for someone who wants to focus on delivering exceptional hands-on massage treatments while working alongside experienced Physiotherapists and Sports Therapists.

You'll be joining an established clinic with an excellent reputation, a loyal patient base and a team who genuinely enjoy working together.

We're looking for someone who wants to become part of the Alpha family and help us continue delivering an outstanding experience to every person who walks through our doors.

Who Are We?

Alpha Physiotherapy is an award-winning private physiotherapy clinic based at Martlesham Leisure in Ipswich. Our mission is simple: **To help people get back to doing the things they love.**

We believe in delivering exceptional care, building lasting relationships and always striving to give more in value than we take in payment.

We're proud to have built a reputation as one of Suffolk's leading physiotherapy clinics, with over 200 five-star Google reviews and a fantastic team of dedicated professionals.

Our team works with everyone from people struggling with everyday aches and pains to recreational runners, gym-goers and elite athletes. But we're about much more than just treating injuries.

We pride ourselves on creating a friendly, welcoming environment where people feel listened to, supported and genuinely cared for.

And we believe that looking after our team is just as important as looking after our patients.

We're a close-knit, ambitious group of people who work hard, support each other, celebrate our successes and have plenty of fun along the way!

Most importantly, we're looking for someone with the right attitude and personality to fit into our team.

The role

As our Sports Massage Therapist, you'll be responsible for providing high-quality, individualised massage treatments to a wide variety of clients.

Your main responsibilities will include:

Delivering Exceptional Treatments

- Providing professional 30-minute and 60-minute sports massage appointments.
- Tailoring massage techniques, treatment intensity and approach to each client's needs and preferences.
- Working with active individuals, recreational athletes and clients seeking help with muscular tension, recovery and general wellbeing.
- Supporting clients with pre-existing musculoskeletal discomfort where treatment is appropriate and within your professional competence.
- Ensuring every client feels comfortable, listened to and well cared for throughout their appointment.
- Maintaining excellent hygiene, treatment room presentation and professional standards.

Providing Outstanding Patient Care

- Building positive, long-lasting relationships with clients.
- Taking time to understand their goals, concerns and expectations.
- Communicating clearly about the purpose and limitations of massage treatment.
- Helping clients understand when further massage may be beneficial, without recommending unnecessary appointments.
- Providing a consistently excellent experience that encourages clients to return and recommend Alpha to others.

Working as Part of the Alpha Team

- Working collaboratively with our Physiotherapists, Sports Therapists and Client Care Team.
- Recognising when a client may benefit from further assessment by a Physiotherapist.
- Referring clients appropriately when symptoms or conditions fall outside your scope of practice.

- Maintaining accurate, timely and professional treatment records.
- Following clinic policies, clinical safety procedures and professional standards.
- Contributing positively to the atmosphere, reputation and continued development of Alpha Physiotherapy.

What Qualifications and Experience Are We Looking For?

Essential:

- A recognised Level 3 Sports Massage qualification or higher.
- Appropriate professional indemnity insurance, or eligibility for suitable cover through Alpha.
- Excellent practical massage skills.
- A good understanding of anatomy, contraindications and safe massage practice.
- The ability to recognise when treatment may be inappropriate and further clinical assessment is needed.
- Excellent communication and interpersonal skills.
- A professional, friendly and caring manner.
- Strong organisational skills and attention to detail.
- The ability to work independently while contributing to a wider team.
- A genuine commitment to delivering outstanding patient care.

Desirable:

- Level 4 or Level 5 Sports Massage qualification.
- Previous experience working within a physiotherapy clinic, sports injury clinic or multidisciplinary healthcare environment.
- Experience treating a broad range of clients, including recreational athletes and active adults.
- Additional training in relevant soft tissue techniques.
- Experience building and maintaining a regular client base.
- An interest in ongoing professional development.

We welcome applications from therapists at different stages of their careers. However, we're particularly interested in people who have already developed excellent hands-on skills and confidence working with clients.

Clinical Scope and Professional Standards

This is a dedicated Sports Massage Therapist position. The primary focus is providing exceptional massage treatment, rather than independent injury diagnosis, physiotherapy assessment or rehabilitation.

As a member of a multidisciplinary healthcare team, you will be expected to work safely within your qualifications, experience and professional competence.

This includes completing appropriate screening, obtaining informed consent, identifying contraindications and recognising when a client requires further clinical or medical assessment.

You'll have access to experienced clinicians for guidance and support, with clear referral pathways when clients present with symptoms outside your scope of practice.

What Can We Offer You?

We believe that happy, supported team members deliver the best possible experience for our patients.

As part of the Alpha Physiotherapy team, you'll benefit from:

- A friendly and supportive working environment where you're genuinely valued.
- An established patient base, giving you the opportunity to build your own regular massage caseload.
- The opportunity to work alongside experienced Physiotherapists and Sports Therapists, learning from their knowledge and experience.
- Professional development and mentoring to help you continually improve your skills.
- A modern, professional clinical setting with dedicated treatment facilities.
- Administrative support from our fantastic Client Care Team.
- Part-time hours, with the potential to increase as our massage service grows.
- Paid annual leave and workplace pension, in accordance with your employment terms.
- The opportunity to grow with an ambitious, successful business where your contribution really matters.

And perhaps most importantly, you'll be joining a team who genuinely enjoy working together and take pride in what they do.

The Opportunity

This is initially a part-time position of approximately 12–16 hours per week.

We're looking for someone who can help us continue developing our already established sports massage service, providing outstanding treatments to existing patients while helping us welcome new clients.

There is the potential for additional hours in the future as demand continues to grow.

We're keen to find someone who wants to become a valued, long-term member of the Alpha team.

Apply via: www.alpha-physio.co.uk/hiring